

Write your name here

Surname

Other names

Centre Number

Candidate Number

**Edexcel GCSE**

# Health and Social Care

## Unit 1: Understanding Personal Development and Relationships

Tuesday 25 January 2011 – Afternoon  
**Time: 1 hour 15 minutes**

Paper Reference

**5HS01/01**

**You do not need any other materials.**

Total Marks

### Instructions

- Use **black** ink or ball-point pen.
- **Fill in the boxes** at the top of this page with your name, centre number and candidate number.
- Answer **all** questions.
- Answer the questions in the spaces provided  
– *there may be more space than you need.*

### Information

- The total mark for this paper is 70.
- The marks for **each** question are shown in brackets  
– *use this as a guide as to how much time to spend on each question.*
- Questions labelled with an **asterisk** (\*) are ones where the quality of your written communication will be assessed  
– *you should take particular care on these questions with your spelling, punctuation and grammar, as well as the clarity of expression.*

### Advice

- Read each question carefully before you start to answer it.
- Keep an eye on the time.
- Try to answer every question.
- Check your answers if you have time at the end.

Turn over ►

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**Answer ALL questions**

**Section One**

**In Section One, questions must be answered with a cross . If you change your mind, put a line through the box  and then indicate your new answer with a cross .**

**1** Which of the following is a physical characteristic of later adulthood? (1)

- A** menopause
- B** decline in hearing
- C** learning to walk
- D** puberty

**2** Which type of relationship is most important during adolescence? (1)

- A** friends
- B** family
- C** working
- D** intimate and sexual

**3** The definition of self-concept is (1)

- A** the ability to develop skills
- B** a combination of self-esteem and self-image
- C** how much regard you have for yourself
- D** how much self-confidence you have



4 Which **two** of the following are unexpected life events?

(1)

- A injury at work
- B birth of a baby
- C redundancy
- D menopause

- A and B**
- B and C**
- A and C**
- C and D**

5 An example of a fine motor skill is

(1)

- A** throwing a ball
- B** skipping
- C** drawing
- D** running

6 Starting school is associated with which life stage?

(1)

- A** middle adulthood
- B** early childhood
- C** adolescence
- D** puberty



7 Which **two** of the following are **not** life stages?

(1)

- A infancy
- B childhood
- C early adulthood
- D adulthood

- A and D
- B and C
- B and D
- A and C

8 Which of the following is a physical factor which could affect individual growth and development?

(1)

- A smoking
- B income
- C occupation
- D housing

9 A peer group is

(1)

- A where one person has more power than the others
- B individuals related by blood ties
- C individuals who share common characteristics
- D individuals employed to do a particular job

10 How many life stages are there in human growth and development?

(1)

- A 4
- B 5
- C 6
- D 7



11 An informal source of support for an ill person is a

(1)

- A doctor
- B nurse
- C counsellor
- D friend

12 Which **two** of the following are physical characteristics of adolescence in girls?

(1)

- A menstruation
- B menopause
- C development of testes
- D development of breasts
- A and B
- B and C
- C and D
- A and D

13 The collection of values, norms and beliefs that make a group distinct from other groups is referred to as

(1)

- A culture
- B socialisation
- C customs
- D behaviours

14 When a person is attracted to someone of the same or opposite sex this is known as their

(1)

- A gender
- B sexual orientation
- C culture
- D social class



**15** An environmental factor which may affect human growth and development is

(1)

- A** taking drugs
- B** drinking alcohol
- C** obesity
- D** pollution

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**TOTAL FOR SECTION ONE = 15 MARKS**



## Section Two

16 Read the following Case Study and answer all the questions that follow.

Assie is 42 years of age and has two children. Ruby is 15 years of age and Kayleigh is eight years of age. Assie's husband died nine months ago from cancer. Although both children are progressing well at school Assie has become increasingly concerned about their behaviour. Kayleigh is finding it difficult to sleep and her concentration is poor in school. Ruby was caught smoking on the school premises. Assie does not like the friends that Ruby has started socialising with but does not want to say anything as they have already argued over this issue. Assie is worried that her children are not coping well with their father's death.

(a) Identify the life stage which Assie, Ruby and Kayleigh are currently in.

(3)

Assie's life stage: .....

Ruby's life stage: .....

Kayleigh's life stage: .....

(b) Identify and describe **one** formal source of support Assie could use to help her daughters come to terms with their father's death.

(4)

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17 Read the following Case Study and answer all the questions that follow.

Assie works as a Practice Nurse in a busy GP surgery. Many of the patients that Assie sees are unemployed, live in poor housing conditions and suffer a range of health conditions such as stress, angina and diabetes. Assie runs a number of different clinics which help patients come to terms with their illness and attempt to help them lead a better life.

One of her patients is James who was recently diagnosed with diabetes. Assie, however, is not sure whether his illness was inherited or came as a result of his obesity, poor diet and heavy drinking.

(a) Identify and describe **two** physical factors which could be affecting James' health.

(4)

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(b) Explain the difference between genetic inheritance and environment.

(4)

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(c) Explain how James' self-esteem may have changed after being diagnosed with diabetes.

(4)

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(d) Explain how poverty may affect the health and wellbeing of patients attending the clinic.

(6)

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\*(e) Assess how James' lifestyle may affect his health and wellbeing.

(10)

Area with horizontal dotted lines for writing the answer.

**(Total for Question 17 = 28 marks)**

**TOTAL FOR SECTION TWO = 55 MARKS**

**TOTAL FOR PAPER = 70 MARKS**

