

# Mark Scheme (Results)

January 2012

GCSE Health and Social Care (5HS01) Paper 1  
Personal Development and Relationships

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## Section One

Question Number	Answer	Mark
<b>1</b>	C	<b>(1)</b>

Question Number	Answer	Mark
<b>2</b>	A, B	<b>(1)</b>

Question Number	Answer	Mark
<b>3</b>	B	<b>(1)</b>

Question Number	Answer	Mark
<b>4</b>	D	<b>(1)</b>

Question Number	Answer	Mark
<b>5</b>	A	<b>(1)</b>

Question Number	Answer	Mark
<b>6</b>	A, D	<b>(1)</b>

Question Number	Answer	Mark
<b>7</b>	A	<b>(1)</b>

Question Number	Answer	Mark
<b>8</b>	D	<b>(1)</b>

Question Number	Answer	Mark
<b>9</b>	A, B	<b>(1)</b>

Question Number	Answer	Mark
<b>10</b>	B	<b>(1)</b>

Question Number	Answer	Mark
<b>11</b>	D	<b>(1)</b>

Question Number	Answer	Mark
<b>12</b>	B	<b>(1)</b>

Question Number	Answer	Mark
<b>13</b>	C	<b>(1)</b>

Question Number	Answer	Mark
<b>14</b>	B	<b>(1)</b>

Question Number	Answer	Mark
<b>15</b>	C	<b>(1)</b>

**Total for Section One = 15 marks**

## Section Two

Question Number	Indicative Content	
<b>16 (a)</b>	<p><b>1 mark for identification:</b></p> <ul style="list-style-type: none"> <li>• Arts and crafts</li> <li>• Sensory room</li> <li>• Teas</li> <li>• Lunches and Brunches</li> <li>• Knitting, sewing, painting</li> </ul> <p><b>Descriptions</b></p> <ul style="list-style-type: none"> <li>• Lunches ensure they are eating a healthy diet.</li> <li>• Lunches provide a nutritional meal.</li> <li>• Healthy diet essential for physical development and to prevent ill health</li> <li>• Arts and crafts promotes/maintains/develops fine and gross motor skills/exercise.</li> <li>• Promotes/maintains/develops senses such as touch, sight, hearing and taste</li> <li>• Rehabilitates declining physical areas due to old age or disabling conditions</li> <li>• The various activities they are involved in promotes confidence</li> </ul>	
Level	Mark	Descriptor
0	0	No rewardable material.
1	1-2	Vague brief description e.g. healthy diet
2	3-4	A fuller description – the identification must match the description e.g. healthy diet. By attending the day centre they will be able to maintain a healthy diet which will ensure that they are not as susceptible to illness as others.

Question Number	Answer	Mark
<b>16 (b)</b>	<p>1 mark for an example of either.  2 marks for one or other definition or examples given.  3 marks for definitions with examples but no clear difference explained.  4 marks for definitions and examples and difference explained.</p> <p>Growth can be defined as the increase in physical complexity/change as measured by height, weight, length, head circumference  <b>Whereas, however, in contrast, or, but (these are the type of words we would expect candidates to use to illustrate their knowledge of the difference between the two terms)</b>  Development can be defined as the acquisition of skills e.g. the ability to talk and communicate</p>	<b>(4)</b>

Question Number	Answer	Mark
<b>16 (c)</b>	<p><b>Benefits</b></p> <ul style="list-style-type: none"> <li>• Physically – feel good, diet may improve, develop skills, stimulated through activities, keeps them mobile, physical health and wellbeing can be monitored</li> <li>• Socially – meet new people, catch up with friends, communication skills developed/ maintained, can talk about problems, develop networks, maintains confidence/independence.</li> <li>• Emotionally – will not be isolated or depressed, engaging with others, happy, impact on self image, self-esteem, self – concept, prevents loneliness and isolation.</li> <li>• Intellectually – learn new skills, maintains motivation</li> </ul>	<b>(6)</b>

Level	Mark	Descriptor
	0	No rewardable material
1	1-2	Weak response with only points identified. A Any description or explanation will be limited. max 2 marks
2	3-4	Accurately identifies points and can develop a accurate explanation. Response lacks balance.
3	5-6	Coherent, well structured response which accurately reflects question stem. Good use of vocabulary. Can make valid links.

Question Number		Indicative Content
<b>16 (d)</b>		<p><b>Examples</b></p> <ul style="list-style-type: none"> <li>• Plan ahead/becomes more insightful</li> <li>• Problem solve/ability to analyse and evaluate situations</li> <li>• stretch his abilities</li> <li>• Achievement will build confidence</li> <li>• Improve his self esteem</li> <li>• Improve his self image</li> <li>• Develop a positive self concept</li> <li>• Learn new techniques/skills/expand knowledge base</li> <li>• Can be mentally tiring</li> <li>• Achieve career goals, better paid job</li> <li>• New skills learnt will benefit service users</li> </ul> <p><b>Without studying Sean might:</b></p> <ul style="list-style-type: none"> <li>• become bored</li> <li>• stagnate</li> <li>• affect his self image/esteem/concept negatively</li> <li>• lead to poor levels of confidence</li> <li>• not be as adventurous</li> <li>• limited in what he can do</li> <li>• becomes ineffective in his job</li> <li>• less supportive to others</li> <li>• less capable</li> </ul>
Level	Mark	Descriptor
	0	No rewardable material
1	1-3	Weak response with only points identified. A Any description or explanation will be limited. max 3 marks
2	4-6	Accurately identifies points and can develop a accurate explanation. Response may be repetitive and lacks balance. max 6 marks
3	7-10	Coherent, well structured response which accurately reflects question stem. Good use of vocabulary. Can make valid links. For 10 marks conclusion must be present.

**Total for Question 16 = 24 marks**

Question Number	Answer	Mark
<b>17 (a)</b>	<p>1 x 2 for identifying:</p> <ul style="list-style-type: none"><li>• Infancy</li><li>• Early child hood</li><li>• Adolescence</li><li>• Early adulthood</li><li>• Middle adulthood</li></ul> <p><b>MUST BE IN CORRECT ORDER</b> e.g. infancy, adolescence, middle adulthood is acceptable as it is in correct order or can be in reverse order middle adulthood, early adulthood and adolescence. Early childhood, early adulthood and infancy can only be awarded 2marks. Identification of one life stage which is correctly spelt 1 mark</p>	<b>(3)</b>



Question Number	Answer	Mark
<b>17 (b)</b>	<p><b>Examples</b></p> <ul style="list-style-type: none"> <li>• Open to new experiences therefore they become interesting to talk to – knowledge base is vast</li> <li>• Meet lots of new people – social network is wide</li> <li>• Experience new foods – not limited in their food choices</li> <li>• Experience new cultures – expands their knowledge and understanding</li> <li>• Their attitudes change as they interact with other people and become more tolerant / develop different relationships</li> <li>• They can teach others about difference cultures</li> <li>• Become more tolerant of other people and can speak out against injustice</li> <li>• Feel privileged and increase self esteem/self image and self concept/confident</li> <li>• Perceive things differently</li> </ul>	<b>(4)</b>

Level	Mark	Descriptor
	0	No rewardable material
1	1-2	Weak response with only points identified. A Any description or explanation will be limited. e.g. meets new people so contacts get wider
2	3-4	Accurately identifies points and can develop a accurate explanation. e.g. meets new people which widens their social network and develops their understanding of different cultures.

Question Number	Answer	Mark
<b>17 (c)</b>	<p><b>Examples</b></p> <ul style="list-style-type: none"> <li>• Interesting careers and fought in the second world war</li> <li>• Travelled the world</li> <li>• Made lots of friends / in regular contact with them</li> <li>• Eddie had many girlfriends</li> <li>• Has happy memories of his adventures/achievements</li> <li>• Wide social circle of males and females</li> <li>• Survived the second world war</li> <li>• Fit and healthy</li> <li>• Has good mobility</li> <li>• Has a good friend Noel</li> <li>• Serving other people and his country</li> <li>• Independence is maintained</li> <li>• Proud of his achievement</li> <li>• Greater confidence</li> </ul>	<b>(6)</b>

Level	Mark	Descriptor
	0	No rewardable material
1	1-2	Weak response with only points identified. A Any description or explanation will be limited. max 2 marks
2	3-4	Accurately identifies points and can develop a accurate explanation. Response lacks balance.
3	5-6	Coherent, well structured response which accurately reflects question stem. Good use of vocabulary. Can make valid links.

Question Number		Indicative Content
<b>17 (d)</b>		<ul style="list-style-type: none"> <li>• Keep the individual socially active</li> <li>• Individual doesn't become isolated/lonely/bored/depressed</li> <li>• Helps keep the memory active</li> <li>• Helps keep the individual intellectually stimulated/focused</li> <li>• Helps keep the individual motivated</li> <li>• Support when loved ones pass away/bereavement</li> <li>• Someone to listen and talk to e.g health/finance</li> <li>• Might have similar hobbies and interests</li> <li>• Keeps the individual active rather than disengaged</li> <li>• Maintains levels of confidence and positive emotional health</li> <li>• Less vulnerability</li> </ul>
Level	Mark	Descriptor
0	0	No rewardable material
1	1-3	Weak response with only points identified. Any description or explanation will be limited. max 3 marks
2	4-6	Accurately identifies points and can develop an accurate explanation. Response may be repetitive and lacks balance. max 6 marks
3	7-8	Coherent, well structured response which accurately reflects question stem. Good use of vocabulary. Can make valid links. For 8 marks conclusion must be present.

Question Number		Indicative Content
<b>17 (e)</b>		<ul style="list-style-type: none"> <li>• Loss of their job / occupation role / status</li> <li>• Loss of their spouse / friends</li> <li>• Income and finance worries /poverty</li> <li>• Increased level of vulnerability</li> <li>• Poor physical health</li> <li>• Declining mental health / stress</li> <li>• Onset of debilitating conditions</li> <li>• Death of friends</li> <li>• Increased isolation / loss of contact with friends</li> <li>• Less independent</li> <li>• Ill-health of loved one</li> <li>• Family moves away</li> <li>• Less active tendency to disengage</li> <li>• Feels worthless, useless, leads to depression</li> <li>• Poor self esteem/self image and self concept</li> </ul> <p>Remember this is a discuss question. Ideally we will want to see a good level of explanation and discussion whereby the candidate will focus accurately on the negative. However, you may get responses which give both negative and positive so remember to read response apply level and then marks.</p>
Level	Mark	Descriptor
0	0	No rewardable material
1	1-3	Weak response with only points identified. Any description or explanation will be limited. max 3 marks
2	4-6	Accurately identifies points and can develop an accurate explanation. Response may be repetitive and lacks balance. max 6 marks
3	7-10	Coherent, well structured response which accurately reflects question stem. Good use of vocabulary. Can make valid links. For 10 marks conclusion must be present.

**Total for Question 17 = 31 marks**

**Total for Section Two = 55 marks**



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