

Write your name here

Surname

Other names

Centre Number

Candidate Number

Edexcel GCSE

Health and Social Care

Unit 1: Understanding Personal Development and Relationships

Monday 17 June 2013 – Afternoon
Time: 1 hour 15 minutes

Paper Reference
5HS01/01

You do not need any other materials.

Total Marks

Instructions

- Use **black** ink or ball-point pen.
- **Fill in the boxes** at the top of this page with your name, centre number and candidate number.
- Answer **all** questions.
- Answer the questions in the spaces provided – *there may be more space than you need.*

Information

- The total mark for this paper is 70.
- The marks for **each** question are shown in brackets – *use this as a guide as to how much time to spend on each question.*
- Questions labelled with an **asterisk** (*) are ones where the quality of your written communication will be assessed – *you should take particular care on these questions with your spelling, punctuation and grammar, as well as the clarity of expression.*

Advice

- Read each question carefully before you start to answer it.
- Keep an eye on the time.
- Try to answer every question.
- Check your answers if you have time at the end.

Turn over ►

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Answer ALL the questions.

Write your answers in the spaces provided.

Section One

In Section One, questions must be answered with a cross in a box ☒. If you change your mind about an answer, put a line through the box ☒ and then mark your new answer with a cross ☒.

1 Which of the following is a fine motor skill? (1)

- A** Running
- B** Writing
- C** Skipping
- D** Watching TV

2 Which **two** of the following are intellectual skills? (1)

- A** Walking
- B** Laughing
- C** Solving problems
- D** Reading
- A and B**
- B and C**
- C and D**
- A and D**

3 Paul is overweight. This is: (1)

- A** a physical characteristic
- B** a social characteristic
- C** an emotional characteristic
- D** an intellectual characteristic



- 4 Linda lives in a damp and overcrowded house. This is an example of: (1)
- A a social factor
 - B a psychological factor
 - C an economic factor
 - D a physical environment factor
- 5 Which **two** physical characteristics will a female experience during adolescence? (1)
- A Breast development
 - B Menstruation
 - C Menopause
 - D Skin loses elasticity
- A and B
 - B and C
 - C and D
 - A and D
- 6 Starting a full-time job is normally associated with which life stage? (1)
- A Infancy
 - B Early childhood
 - C Early adulthood
 - D Later adulthood
- 7 An individual's culture is reflected by their: (1)
- A height
 - B income
 - C weight
 - D religion



8 Which **two** of the following are economic factors which could affect individual growth and development? (1)

- A** Income
- B** Stress
- C** Noise
- D** Occupation

- A and B**
- B and C**
- C and D**
- A and D**

9 How many life stages are there? (1)

- A** 3
- B** 4
- C** 5
- D** 6

10 An example of an unexpected life event is: (1)

- A** getting a job
- B** having an accident
- C** getting married
- D** retiring from work

11 Which of the following is a support network? (1)

- A** GP
- B** Employment market
- C** Partners, family and friends
- D** Labour market



12 A physical characteristic of later adulthood is:

(1)

- A** menopause
- B** being able to walk
- C** menstruation
- D** skin losing its elasticity

13 In which life stage is physical development most rapid?

(1)

- A** Infancy
- B** Childhood
- C** Adolescence
- D** Later adulthood

14 A physical symptom of the menopause is:

(1)

- A** a mood swing
- B** a hot flush
- C** a temper tantrum
- D** depression

15 Being heterosexual is an example of an individual's:

(1)

- A** sexual orientation
- D** occupation
- C** health status
- D** religion

TOTAL FOR SECTION ONE = 15 MARKS



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Section Two

16 Read the following case study and answer all the questions that follow.

Linda is 20 years of age and is studying languages at university. She has recently told her family and friends that she is a lesbian. Everyone has been very supportive and she is happy with their reactions.

Linda's partner is called Sheena. When Linda finishes her degree they plan to travel before emigrating to Australia.

(a) Identify, in the correct order, the **three** life stages Linda has already passed through.

(3)

1

2

3

(b) Linda has a positive self-esteem.

Identify and describe **one** possible factor which may have contributed to her positive self-esteem.

(3)

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(c) Linda's family and friends have been very supportive.

Explain why this is important for Linda's emotional wellbeing.

(4)

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* (d) Linda is pleased that her family and friends have accepted her sexual orientation.

Discuss the importance of their acceptance for Linda's health and wellbeing.

(8)

Area with horizontal dotted lines for writing the answer.



* (e) Linda has plans to travel and emigrate when she finishes her studies.

Examine how these plans may impact on her self-concept.

(10)

A series of horizontal dotted lines for writing the answer.



17 Read the following case study and answer all the questions that follow.

Linda and Sheena have decided to move in together. However, their income is limited and the flat they rent is damp and needs a lot of repairs. They have decided to pool what money they have but there is little left to allow them to socialise with friends. This has caused stress and arguments.

Sheena already works full-time and has decided to work in a local pub in the evenings to earn extra money.

Linda is not happy as this means that she will see less of Sheena.

(a) Identify, from the case study, **one** economic and **one** psychological factor which are affecting Linda and Sheena at the moment.

(2)

Economic

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Psychological

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(b) Describe the impact housing conditions may have on health and wellbeing.

(3)

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