

Centre Number						Candidate Number				
Surname										
Other Names										
Candidate Signature										

For Examiner's Use	
Examiner's Initials	
Question	Mark
1	
2	
3	
4	
5	
6	
7	
TOTAL	



General Certificate of Secondary Education
June 2013

Home Economics: Child Development

45801

Unit 1 Written Paper

Wednesday 5 June 2013

9.00 am to 10.30 am

You will need no other materials.

Time allowed

- 1 hour 30 minutes

Instructions

- Use black ink or black ball-point pen.
- Fill in the boxes at the top of this page.
- Answer **all** questions.
- You must answer the questions in the spaces provided. Do not write outside the box around each page or on blank pages.
- Do all rough work in this book. Cross through any work that you do not want to be marked.

Information

- The marks for questions are shown in brackets.
- The maximum mark for this paper is 100.
- You are reminded of the need for good English and clear presentation in your answers. Quality of Written Communication will be assessed in answers written in continuous prose.



J U N 1 3 4 5 8 0 1 0 1

M/Jun13/45801

45801

Answer **all** questions in the spaces provided.

1 (a) The four main types of play are manipulative, physical, creative and imaginative.
Name the types of play shown below.

1 (a) (i)



© Getty Images

Type of play:
(1 mark)

1 (a) (ii)



© Getty Images

Type of play:
(1 mark)

1 (b) The girl in this picture is making a junk model.



© Getty Images

What type of play is junk modelling?

.....
(1 mark)



1 (d) Give the meaning of the term 'play malnourishment'.

.....
(1 mark)

1 (e) Suggest **five** ways of making a garden a safe place in which young children can play.

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5.....

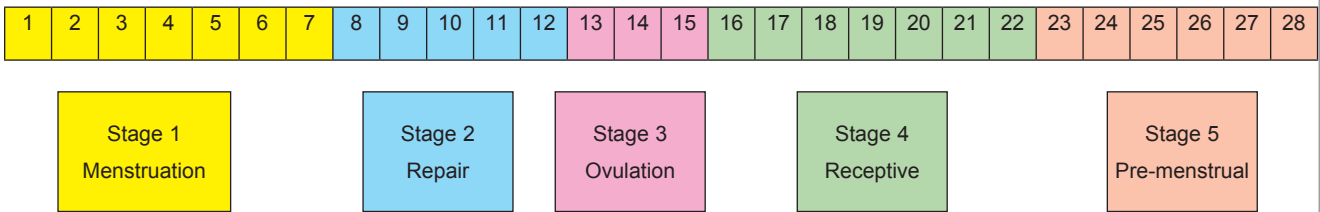
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(5 marks)

15



2 Study this diagram of the menstrual cycle.



2 (a) (i) During which stage is a woman most likely to conceive?

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(1 mark)

2 (a) (ii) Describe what happens during this stage.

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(2 marks)

2 (a) (iii) Describe what happens during menstruation.

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(2 marks)

2 (a) (iv) Give the name for the lining of the womb.

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(1 mark)

2 (b) When should pre-conceptual care begin?

.....
(1 mark)

Turn over ▶



2 (c) Explain why pre-conceptual care is so important.

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(2 marks)

2 (d) Suggest **four** factors a couple should think about as part of pre-conceptual care.

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(4 marks)

13



3 (a) Pregnant women and their partners are encouraged to go to antenatal classes.
Describe **four** ways that antenatal classes can help and support first time parents.

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(4 marks)

3 (b) Blood tests are a routine part of antenatal care.
Give **three** reasons why blood tests are carried out.

1.....

2.....

3.....

(3 marks)

Question 3 continues on the next page

Turn over ▶



3 (c) Most women choose to have some sort of pain relief during labour and birth.

In the table below:

- name the type of pain relief shown
- give **two** advantages for each type of pain relief.



© Getty Images

Name

Advantage 1

Advantage 2

(3 marks)



© Getty Images

Name

Advantage 1

Advantage 2

(3 marks)



3 (d) Sometimes labour needs to be induced.

What does 'induced' mean?

.....
(1 mark)

3 (e) Give **two** reasons why labour might need to be induced.

1

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2

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(2 marks)

3 (f) A new baby can make other children in the family feel jealous and left out.

Describe how parents could help to prepare a three-year-old child for the arrival of a new baby.

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(5 marks)

21

Turn over ▶



4 Research shows that only 1% of primary school children eat a healthy packed lunch.
Study the packed lunch below.



© Getty Images

Pasta salad, with chicken
sweetcorn and tomato.



© Getty Images

Carrot and celery sticks



© Getty Images

Low fat strawberry yogurt



© Getty Images

Bottle of still water

4 (a) Explain how and why these items would provide a healthy packed lunch for a primary school child.

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(6 marks)



4 (b) Name **one** item in this packed lunch that is not suitable for a vegetarian.

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(1 mark)

4 (c) Name **one** item in this packed lunch that a child with coeliac disease should not eat.

.....
(1 mark)

4 (d) Suggest **two** government schemes that have been introduced to try to improve the diet and health of children.

1

2

(2 marks)

10

Turn over for the next question

Turn over ►



5 (a) All children are ill from time to time.

Describe **three** symptoms a child might have when the parent/carer should call a doctor.

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(3 marks)

5 (b) Why is it important for children to have plenty of sleep?

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(3 marks)

5 (c) Suggest **three** ways of preventing nappy rash.

1.....
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(3 marks)

9



6 (a) Give **two** advantages of a child using a dummy as a comforter.

1.....
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2.....
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(2 marks)

6 (b) Suggest **two** other items a child might use as a comforter.

1.....
2.....
(2 marks)

6 (c) What are the main differences between a nanny and a childminder?

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(2 marks)

6 (d) Describe **three** ways a health visitor might help and support families with young children.

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(3 marks)

Turn over ►



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