

Information will also be available on a range of services, support groups and leisure opportunities for children and young people with additional needs and their families.

Tim Simpson, Project Co-ordinator for the IRIS magazine, will be available to answer specific questions and provide additional information.

And finally... at the end of the day there will be an opportunity to gather information, speak to workshop providers and ask any outstanding questions you may have.

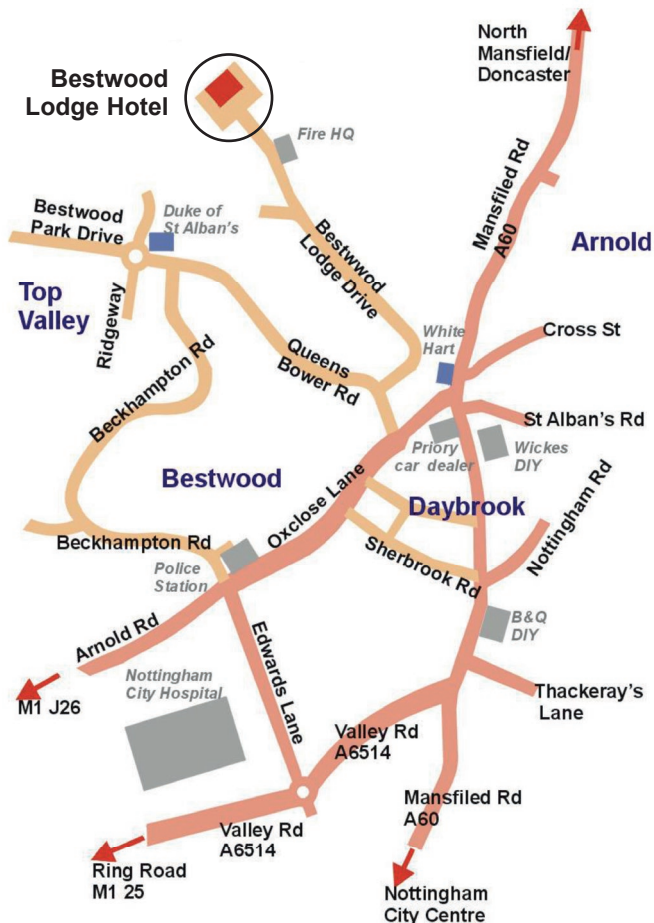
Childcare Costs

I wish to claim childcare costs (up to a maximum of £40) incurred as a result of attending the conference.

YES / NO

A receipt from a registered provider will be required for audit purposes.

Location map



Bestwood Lodge Hotel
Bestwood Country Park
Arnold, Nottingham NG5 8NE

For parents / carers who are resident in Nottinghamshire or whose child attends a Nottinghamshire school



A free conference for parents and carers of children and young people up to the age of 19 with additional needs

Wednesday 10 May 2017
9am – 3pm
at Bestwood Lodge Hotel

Keynote Speaker: Jill Carter

Pulp Friction

Pulp Friction is a social enterprise established by Jill Carter and her daughter Jessie in 2009.

They work with young adults with learning difficulties and support them to develop independence, social skills and work readiness.

They do this by training young adults to run a range of hospitality and catering services, such as smoothie bike and ice cream tricycle.

A positive example of innovation and entrepreneurial spirit!

Programme for the Day

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| 9:00 | Registration & Refreshments |
| 9:30 | Welcome |
| 9:35 | Keynote Speaker |
| 10:30 | Workshop 1 (Coffee in rooms) |
| 12:00 | Lunch |
| 1:00 | Workshop 2 |
| 2:30 | Providers & Professionals available for questions |
| 3:00 | Close |

For further information please contact:
Jane Chamberlain or Cath Page
on (0115) 8546464

Workshop Details:

Using your iPad at home

Helpful hints on apps and features to use with your child at home.

Workshop Provider: Jeremy Beckett,
Schools and Families Specialist Services

An Introduction to Mindfulness

Finding time for yourself in a busy world

Workshop Providers: Julie Rastall,
Mindfulness Practitioner / Parent and Claire
Bosanquet, Parent

Growing and Changing

An opportunity to explore issues and questions around 'growing up' for children with SEND as they approach or enter puberty

Workshop Provider: Jane Keeling, Author of
'Growing and Learning'

Adjusting to Change and Building Resilience

Resilient people are better able to adjust to life changes and bounce back from difficult times. This workshop will give parents an introduction to resilience and practical strategies on how to support and build children's resilience.

Workshop Provider: Dr Órlaith Donnelly,
Senior Educational Psychologist

Understanding Physical Intervention in Schools

A workshop designed to explain to parents how their children are managed in schools should their behaviour become risky to themselves or others

Workshop Providers: Jon Glover,
Tricia Clarke, Physical Intervention Team,
Nottinghamshire County Council

Booking Form

Name

Address

Postcode

Telephone

Email

This will only be used to send you details regarding the conference – confirmation of attendance etc.

Workshop Choice

You will be able to attend **two** workshops. Please number **in order of preference** from 1 (first choice) down to 5

Using your iPad at home

An Introduction to Mindfulness

Growing and Changing

Adjusting to Change

Understanding Physical Intervention in Schools

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We will try to match your 1st & 2nd choice but please give us other options too.

Childcare – please see overleaf.

Please state any special requirements you may have (e.g. dietary, BSL interpreter etc.)

Please return this form to:

Jane Chamberlain, SFSS, Home Brewery Building, Sir John Robinson Way, Arnold, Nottingham NG5 6DA.
Telephone: 0115 854 6464

To avoid disappointment please book by Friday 31 March 2017